



Bariatric Surgery Review Questionnaire (Quiz)

Patient Name: _____ Date: _____

Please read each question carefully, and then write **T** (true) or **F** (false) on the line next to the statement.

1. _____ Besides the different types of obesity surgery, there are other forms of weight loss programs such as prescription medications, diet and exercise and medically supervised diets that can help a person lose weight.
2. _____ Diabetes, high blood pressure, back pain and similar ailments are guaranteed to get better after obesity surgery.
3. _____ Behavior modification is important and will enhance the success of weight loss surgery.
4. _____ Re-operation is sometimes necessary due to bleeding hernias, ulceration, bursting of stitches or staples, leakage, blockage of the intestines or stomach or other causes.
5. _____ This operation for obesity will commit me to periodic physician follow-up visits for the rest of my life.
6. _____ Weight loss is guaranteed after obesity surgery.
7. _____ After obesity surgery, the patient is committed to taking vitamin and mineral supplements, as well as having periodic nutritional assessments/studies made for life. This may include periodic vitamin injections.
8. _____ Regular exercise is not recommended after obesity surgery and does not affect the amount of weight that one ends up losing.
9. _____ Weight loss through obesity surgery involves exercise, changes in the types of food consumed, liquids taken in, the number of meals eaten and how thoroughly the food is chewed.
10. _____ Monthly group support meetings are a crucial part to the success of obesity surgery.
11. _____ Patients never feel nauseated or vomit after obesity surgery.
12. _____ Obesity surgery is major abdominal surgery and patients may feel quite uncomfortable during the recovery period.
13. _____ One cannot gain the weight back after obesity surgery.
14. _____ Obesity surgery is an easy operation and not a very risky one.
15. _____ Complications are always infrequent and minor after obesity surgery, so it is important not to bother the doctor after hours.
16. _____ In order to have obesity surgery, one must be a non-smoker and be committed to avoiding alcohol for at least one year after surgery.

Signature of test-taker: _____ Date: _____

Physician Signature: _____ Date: _____