



## Bariatric Surgery Review Questionnaire (Quiz)

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please read each question carefully, and then write **T** (true) or **F** (false) on the line next to the statement.

1. \_\_\_\_\_ Besides the different types of obesity surgery, there are other forms of weight loss programs such as prescription medications, diet and exercise and medically supervised diets that can help a person lose weight.
2. \_\_\_\_\_ Diabetes, high blood pressure, back pain and similar ailments are guaranteed to get better after obesity surgery.
3. \_\_\_\_\_ Behavior modification is important and will enhance the success of weight loss surgery.
4. \_\_\_\_\_ Re-operation is sometimes necessary due to bleeding hernias, ulceration, bursting of stitches or staples, leakage, blockage of the intestines or stomach or other causes.
5. \_\_\_\_\_ This operation for obesity will commit me to periodic physician follow-up visits for the rest of my life.
6. \_\_\_\_\_ Weight loss is guaranteed after obesity surgery.
7. \_\_\_\_\_ After obesity surgery, the patient is committed to taking vitamin and mineral supplements, as well as having periodic nutritional assessments/studies made for life. This may include periodic vitamin injections.
8. \_\_\_\_\_ Regular exercise is not recommended after obesity surgery and does not affect the amount of weight that one ends up losing.
9. \_\_\_\_\_ Weight loss through obesity surgery involves exercise, changes in the types of food consumed, liquids taken in, the number of meals eaten and how thoroughly the food is chewed.
10. \_\_\_\_\_ Monthly group support meetings are a crucial part to the success of obesity surgery.
11. \_\_\_\_\_ Patients never feel nauseated or vomit after obesity surgery.
12. \_\_\_\_\_ Obesity surgery is major abdominal surgery and patients may feel quite uncomfortable during the recovery period.
13. \_\_\_\_\_ One cannot gain the weight back after obesity surgery.
14. \_\_\_\_\_ Obesity surgery is an easy operation and not a very risky one.
15. \_\_\_\_\_ Complications are always infrequent and minor after obesity surgery, so it is important not to bother the doctor after hours.
16. \_\_\_\_\_ In order to have obesity surgery, one must be a non-smoker and be committed to avoiding alcohol for at least one year after surgery.

Signature of test-taker: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_