

# WEIGHT LOSS SURGERY HEALTH QUESTIONNAIRE

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**The following information is very important to your health. Please take time to fully and completely fill out these forms. Important decisions are based on this information.**

## Weight Loss History:

Please check the appropriate boxes and add notes as needed (please be specific).

My obesity started:  In childhood       At puberty       As an adult  
 After pregnancy       After a traumatic event  
 \_\_\_\_\_

Additional notes regarding the onset of obesity: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Medical Problems: Have you been diagnosed with any of the following?

\_\_\_ Diabetes      \_\_\_ High Blood Pressure      \_\_\_ Sleep Apnea      \_\_\_ Heart Disease  
 \_\_\_ GERD      \_\_\_ Hiatal Hernia      \_\_\_ Joint Problems      \_\_\_ Blood Clots  
 \_\_\_ Asthma      \_\_\_ Portal Hypertension      \_\_\_ Stomach Ulcers      \_\_\_ Autoimmune Disorder  
 \_\_\_ Anorexia      \_\_\_ Bulimia      \_\_\_ Depression

Number of visits to your physician for medical problems (asthma, hypertension, heart problems, diabetes, arthritis, respiratory, circulation, etc) related to obesity:

Monthly \_\_\_\_\_ Estimated expense \_\_\_\_\_ Covered by Insurance? \_\_\_\_\_

## Medically Supervised Weight Loss Attempts:

Drs who are following, or have followed, your weight problems: NAME	Diet programs your doctor has you trying, or has had you try:	Weight Lost	Weight Regained	Length of Program	Est Cost

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Weight Loss Programs/Diets/Medications:**

PROGRAM	YEAR	WT LOSS	WT REGAINED	HOW MANY TIMES	LENGTH OF PROGRAM	EST. COST
WEIGHT WATCHERS						
METABOLIFE						
OVEREATERS ANONYMOUS						
DIET CENTERS: Jenny Craig Nutra System Other:						
SLIM FAST						
OPTIFAST						
HYPNOSIS						
ACUPUNCTURE						
HERBAL LIFE						
RICHARD SIMMONS						
FAD DIETS:						
SELF IMPOSED DIET ATTEMPTS:						
OTHER:						
<b>MEDICATIONS:</b>						
FEN-PHEN						
REDUX (dexfenluramine)						
XENICAL (orlistat)						
MERIDIA (sibutramine)						
TENUATE (diethylpropion)						
ADIPEX (phentermine)						
AMPHETAMINES, STIMULANTS						
DEXATRIM						
OTHER:						

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Eating Habits:** (please check all that apply)

Do you consider yourself a:

- Grazer     Snacker     Sweet Eater     Binge Eater     Eat large portions

Do you eat for any of the following reasons:

- Stress     Boredom     Loneliness     Other: \_\_\_\_\_

**Physical Exercise:**

PROGRAM	TIME SPENT	WT LOSS	WT REGAINED	LENGTH OF PROGRAM	EXPENSE
Bicycling					
Jogging					
Walking					
Swimming					
Spa Memberships					
Aerobic					
Video Tapes					
Health Rider					
Home Gym Equipment					

Describe the limitation (physical, emotional, employment) morbid obesity imposed on you in your daily activity: (If additional space is required, please use a separate sheet.)

---

---

---

---

---

---

---

---

---

---

The above is true and correct to the best of my belief.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_



Center of Surgical Specialists, P.C.  
Advanced Knowledge. Expert Care.

**PATIENT INFORMATION**  
*Please fill out completely*

Patient Name: \_\_\_\_\_  
                            First                            Middle                            Last                            Date of Birth                            Sex                            Marital Status

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Driver's License#: \_\_\_\_\_ Email: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Employment Address: \_\_\_\_\_ May we contact you at work? (Circle) Yes No

**Emergency Contact:** Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Who referred you to our office?**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Primary Care Physician:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**\*\*\*In order to avoid error or delay in the processing of your insurance claim, it is essential that the following section be filled out completely\*\*\***

**PRIMARY INSURANCE COMPANY**

Insurance Company: \_\_\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Your relationship to the Policy Holder: Spouse Self Other: \_\_\_\_\_

**(Complete this section only if Patient Name is different than Policy Holder)**

\*Policy Holder Name: \_\_\_\_\_ \*Date of Birth: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Employer Phone #: \_\_\_\_\_

**SECONDARY INSURANCE COMPANY**

Insurance Company: \_\_\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Your relationship to the policy holder: Spouse Self Other: \_\_\_\_\_

**(Complete this section only if Patient Name is different than Policy Holder)**

\*Policy Holder Name: \_\_\_\_\_ \*Date of Birth: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Employer Phone #: \_\_\_\_\_

It is my responsibility to pay any co-payment, deductible amount, co-insurance or any other balance not paid by my insurance. If it becomes necessary for my account to be turned over to a collection agency, I understand that collection fees will be added to my balance. I understand I will be responsible to pay all collections fees, attorney fees and court costs.

I hereby assign all medical and/or surgical benefits, to include major medical benefits to which I am entitled, including Medicare, Medicaid, Private Insurance and other Health Plans to: **Center of Surgical Specialists, PC**. This assignment will remain in effect until revoked by me in writing. A photocopy of the assignment is to be considered as valid as an original. I understand that I am financially responsible for all charges whether or not paid by said insurance. I hereby authorize said assignee to release all information, including medical history and medical records, to my insurance company.

\_\_\_\_\_  
**PATIENT SIGNATURE**

\_\_\_\_\_  
**DATE**

Update: \_\_\_\_\_



**Patient History Form**

**DATE:** \_\_\_\_\_

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date Of Birth: \_\_\_\_\_

**The following information is very important to your health. Please take time to fully and completely fill out these forms. Important decisions are based on this information.**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**ALLERGIES:** Are you allergic to any medications (including over-the-counter drugs or iodine, tape or latex)?  
Circle one: Yes No If yes, please complete the following:

Drug Allergy:	Reaction:	Other Allergy:	Reaction:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**MEDICAL PROBLEMS:** Please list all medical problems you have, including HEPATITIS B, C or HIV/AIDS

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICATIONS:** Please list all medications (specify dosage and frequency) you are currently taking, including aspirin, over-the-counter medications, vitamins and herbal supplements.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list your PAST medications.

\_\_\_\_\_

\_\_\_\_\_

**OPERATIONS:** Please list all operations you have had.

Operation:	Date:	Operation:	Date:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**SOCIAL HISTORY:**

Do you use any type of tobacco product? Yes No If yes, how much per day \_\_\_\_\_

Have you EVER used any type of tobacco product? Yes No Date Quit \_\_\_\_\_

Do you drink alcohol? Yes No If yes, how often? \_\_\_\_\_

Do you use illicit drugs? Yes No If yes, please list: \_\_\_\_\_

For women: Last menstrual period: \_\_\_\_\_ Number of Pregnancies: \_\_\_\_\_ Number of Live Births: \_\_\_\_\_

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**MEDICAL HISTORY:** Have you been diagnosed with and/or are you currently having any of the following symptoms?  
Please check all that apply.

**Neurologic/HEENT:**

Have you had any neurological problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Numbness/tingling
- \_\_\_ Loss of strength
- \_\_\_ Stroke (CVA/TIA)
- \_\_\_ Headaches-type \_\_\_\_\_
- \_\_\_ Seizures/epilepsy
- \_\_\_ Multiple Sclerosis
- \_\_\_ Ear problems
- \_\_\_ Eye problems
- \_\_\_ Nose/sinus problems
- \_\_\_ Throat problems

**Musculoskeletal/Skin:**

Have you had any muscle/bone problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Back or neck problems/Joint pain
- \_\_\_ Loss of sensation
- \_\_\_ Rash/skin breakdown
- \_\_\_ Arthritis-type \_\_\_\_\_
- \_\_\_ Fractures-type \_\_\_\_\_
- \_\_\_ Osteoporosis

**Endocrine:**

Have you had any endocrine problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Tired/Sluggish
- \_\_\_ Excessive thirst
- \_\_\_ Diabetes
- \_\_\_ Thyroid problems

**Respiratory:**

Have you had any breathing problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Wheezing
- \_\_\_ Shortness of breath
- \_\_\_ Productive or bloody cough
- \_\_\_ Asthma
- \_\_\_ Emphysema/COPD
- \_\_\_ Bronchitis
- \_\_\_ Pneumonia
- \_\_\_ Sleep apnea
- \_\_\_ Pulmonary embolism

**Cardiac:**

Have you had any heart problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Chest pain (Angina)
- \_\_\_ Palpitations/heart racing
- \_\_\_ Congestive heart failure
- \_\_\_ Heart attack
- \_\_\_ High blood pressure
- \_\_\_ Pacemaker
- \_\_\_ Heart valve
- \_\_\_ Rheumatic fever

**Blood/Immune System:**

Have you had any problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Swollen glands
- \_\_\_ Anemia
- \_\_\_ Cirrhosis
- \_\_\_ DVT/phlebitis/blood clots
- \_\_\_ Jaundice
- \_\_\_ Lupus
- \_\_\_ Bleeding disorders
- \_\_\_ Scleroderma

**Digestive (Stomach/Bowel):**

Have you had any digestive problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Abdominal pain
- \_\_\_ Nausea/vomiting
- \_\_\_ Constipation
- \_\_\_ Diarrhea
- \_\_\_ Colitis
- \_\_\_ Diverticulitis
- \_\_\_ Hiatal hernia/reflux disease
- \_\_\_ Irritable bowel syndrome
- \_\_\_ Ulcers
- \_\_\_ Pancreatitis
- \_\_\_ Rectal Bleeding/rectal pain
- \_\_\_ Change in bowel habits
- \_\_\_ Hemorrhoids

**Genitourinary/GYN:**

Have you had any problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Kidney problems/stones
- \_\_\_ Bladder infections
- \_\_\_ Kidney failure
- \_\_\_ Hernia

**Men:**

- \_\_\_ Prostate problems
- \_\_\_ Loss of sexual function

**Women:**

- \_\_\_ Uterine problems
- \_\_\_ Ovarian problems
- \_\_\_ Infertility
- \_\_\_ Bleeding between periods
- \_\_\_ Ever taken birth control pills? When: \_\_\_\_\_
- \_\_\_ Complications from childbirth

**Constitutional:**

Have you had any problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Fever
- \_\_\_ Chills
- \_\_\_ Weight Loss
- \_\_\_ Night sweats

**Communicable Diseases:**

Have you had any problems? Yes \_\_\_ No \_\_\_

- \_\_\_ AIDS/HIV
- \_\_\_ Hepatitis A/B/C
- \_\_\_ Sexually transmitted disease
- \_\_\_ Tuberculosis

**Psychological (Emotional):**

Have you had any problems? Yes \_\_\_ No \_\_\_

- \_\_\_ Nervousness
- \_\_\_ Anxiety
- \_\_\_ Depression
- \_\_\_ Other \_\_\_\_\_

**Physician Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Cancer:**

Have you ever been diagnosed with cancer? Yes \_\_\_ No \_\_\_

Type of Cancer:	Treatment:

**Other:**

Have you had any other medical problems not listed here?

Yes \_\_\_ No \_\_\_ Please list below:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**FAMILY HISTORY:**

Please check which, if any, of your blood relatives had any of the following conditions:

Condition	Parent	Siblings/ Children	Other Relatives (Grandparents, Aunts, Uncles, Cousins, etc.)	No Family History	Don't Know
Diabetes					
Heart Disease					
Hypertension					
Gallstones					
Obesity					
Sleep Apnea					
Asthma					
Blood clots					
Cancer					
Stroke					
Kidney Disease					
Bleeding Problems					
Gout					
Allergies					
Dermatitis/Eczema					
High Cholesterol					
Osteoporosis					
Autoimmune Disease					
Psychiatric Illness					

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_

\*\*\*No changes to history\*\*\*

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Financial Policies and Information

**Our commitment** is to provide the very best care to our patients while recognizing the need to limit services to only those that are necessary for each patient. To meet this commitment, we recognize the need for a definite understanding and agreement concerning our patient's health care and financial arrangements for that medical care. Your clear understanding of our financial policies is important to our professional relationship. Please contact our billing office regarding any questions about our fees, financial policies, or your insurance coverage and your responsibilities.

**Professional Fees:** Our fees for medical services are comparable to other similarly trained physicians in the community and reflect the complexity of your specific needs, the physician time dedicated to your care, the specialized nature of the doctor's training and education, supplies, and support costs associated with providing and coordinating your care.

**Insurance:** It is the patient's responsibility to provide us with current insurance information. For verification, please have your current insurance card and photo ID available at every appointment. As a courtesy, we will file claims to your insurance company. Your insurance coverage is a contract between you and your insurance plan. Knowing your insurance benefits – including eligibility and covered benefits is your responsibility; please contact customer service at your insurance company for questions you may have regarding your coverage.

**Patient Balance:** All co-payments and past due balances are due at the time of check-in unless previous arrangements have been made with our billing department. We can extend interest free, short-term financing. Depending upon your balance and the services rendered, we can offer six (6) and twelve (12) month plans. Please contact our billing department to discuss this further. Payment may be made by cash, check, VISA, MasterCard or Discover.

We also provide the option of keeping your credit card on file to use for account balance after insurance processing (upon receiving explanation of benefit) which can include but are not limited to co-payment, coinsurance or deductible. You will be contacted by the billing department of any credit card transactions.

Card Type \_\_\_\_\_ Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Card Holder's Name (print) \_\_\_\_\_ Signature \_\_\_\_\_

Failure to comply with these payment policies may result in your account being reviewed to be referred to an outside collection agency.

**Patients without Insurance:** For those patients that do not have insurance coverage, a prompt pay discount can be offered. Please contact our billing department for additional details.

**Cancellations/Rescheduling Appointments:** Once your appointment time has been reserved for you, we trust that you will be present. To assist patients with access to our physicians, our office does require 24 hour notice to cancel/reschedule appointments. If we do not receive such notice, you will be charged \$50 for any missed appointments. Cancellation fees are not covered by insurance and these charges will be your responsibility and billed directly to you.

**Medical Forms (FMLA, Work Comp, etc):** The completion of disability forms, attending physician statements and other supplemental insurance forms require additional physician and staff time. The first form will be no charge to you. A recurring fee of \$25.00 will be charged for additional forms.

**Collection Agencies:** If it becomes necessary to place your account with a third party collection agency due to your non- payment, the account of the person responsible will be turned over to collections.

**Non-Sufficient Funds:** A \$35.00 fee will be charged for each check returned by the financial institution. You may be placed on a cash or credit card payment method following any returned checks and you must pay any balance due immediately.

**Your signature on this page constitutes an agreement to this policy.**

**Please keep in mind our doctors are general and trauma surgeons. There will be times when our doctors may be called out of the office unexpectedly. We appreciate your understanding and patience if this occurs during your appointment time.**

**I have read and understand the financial policy of this practice, and I agree to be bound by its terms. I authorize payment directly to Center of Surgical Specialists, PC, for medical benefits.**

Signature of Person Responsible for Account/Patient \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Witness \_\_\_\_\_